


## Frasier Menu SY23/24

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	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
 <p><b>WEEK OF:</b></p> <p><i>Jan 16 to 19</i></p> <p><i>Feb 5-9</i></p> <p><i>Feb 26-Mar 1</i></p> <p><i>Mar 18-22</i></p> <p><i>Apr 8-12</i></p> <p><i>Apr 29-May 3</i></p> <p><i>May 20-24</i></p>	<p><b><u>BREAKFAST</u></b>            French Toast            Sticks w/            Syrup Or            Assorted            Cereal w/            Toast Mixed            Fruit            Choice of Milk</p> <p><b><u>LUNCH</u></b>            Chicken Tender w/            Breadstick            Red Skin Mashed            Potatoes            Diced Pears            Choice of Milk</p>	<p><b><u>BREAKFAST</u></b>            Yogurt with Graham            Crackers            Or Assorted Cereal            w/Toast            Mixed Fruit            Choice of Milk</p> <p><b><u>LUNCH</u></b>            Soft Chicken Tacos            Lettuce &amp; Tomato            Seasoned Black Beans            Mandarin Oranges            Choice of Milk</p>	<p><b><u>BREAKFAST</u></b>            WG MUFFIN            Or Assorted Cereal            w/ Toast            Diced Pears            Choice of Milk</p> <p><b><u>LUNCH</u></b>            Chicken Filet            Sandwich            Seasoned Cooked            Carrots            Tropical Mixed Fruit            Choice of Milk</p>	<p><b><u>BREAKFAST</u></b>            Chicken Biscuit            Or Assorted Cereal w/            Toast            Applesauce            Choice of Milk</p> <p><b><u>LUNCH</u></b>            Chicken Tenders            Steamed Broccoli            Sliced Peaches            Choice of Milk</p>	<p><b><u>BREAKFAST</u></b>            Grits Bowl w/ Sausage and            Eggs            Or Assorted Cereal w/            Toast            Tropical Mixed Fruit            Choice of Milk</p> <p><b><u>LUNCH</u></b>            Cheese Ravioli            Seasoned Green Beans            Fruit Selection            Choice of Milk</p>

This institution is an equal opportunity provider.

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<b><i>WEEK OF:</i></b>	<b><u>BREAKFAST</u></b>	<b><u>BREAKFAST</u></b>	<b><u>BREAKFAST</u></b>	<b><u>BREAKFAST</u></b>	<b><u>BREAKFAST</u></b>
<b><i>Jan 22-26</i></b>	French Toast Sticks	WG Muffin	Pancakes w/ Syrup	Canadian Bacon	Mini Bagel with
<b><i>Feb 12-16</i></b>	Or Assorted Cereal w/	Or Assorted Cereal w/	Or Assorted Cereal	Croissant	Strawberry Filling
<b><i>Mar 4-8</i></b>	Toast	Toast	w/ Toast	Or Assorted Cereal w/	Or Assorted Cereal w/
<b><i>Mar 25-29</i></b>	Pineapple Tidbits	Mixed Fruit	Diced Pears	Toast	Toast
<b><i>Apr 15-19</i></b>	Choice of Milk	Choice of Milk	Choice of Milk	Applesauce	Tropical Mixed Fruit
<b><i>May 6-10</i></b>				Choice of Milk	Choice of Milk
<b><i>May 27-31</i></b>					
	<b><u>LUNCH</u></b>	<b><u>LUNCH</u></b>	<b><u>LUNCH</u></b>	<b><u>LUNCH</u></b>	<b><u>LUNCH</u></b>
	Chicken Tenders	Soft Beef Tacos	Hamburger	Turkey Wrap	Cheese Pizza
	w/Breadstick	Lettuce & Tomato	Sweet Potato Fries	Steamed Broccoli	California Blend
	Buttered Carrots	Seasoned Black	Tropical Mixed Fruit	Sliced Peaches	Fruit Selection
	Mandarin Oranges	Beans	Choice of Milk	Choice of Milk	Choice of Milk
	Choice of Milk	Pineapple Tidbits			
		Choice of Milk			

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 <p><b>WEEK OF:</b></p> <p><i>Jan 8-12</i></p> <p><i>Jan 29 -Feb 2</i></p> <p><i>Feb 19-23</i></p> <p><i>Mar 11-15</i></p> <p><i>Apr 22-26</i></p> <p><i>May 13-17</i></p>	<p><b><u>BREAKFAST</u></b></p> <p>French Toast</p> <p>Sticks w/ Syrup</p> <p>Or Assorted Cereal w/ Toast</p> <p>Mixed Fruit</p> <p>Choice of Milk</p> <p><b><u>LUNCH</u></b></p> <p>Chicken Tender w/ Breadstick</p> <p>Red Skin Mashed Potatoes</p> <p>Diced Pears</p> <p>Choice of Milk</p>	<p><b><u>BREAKFAST</u></b></p> <p>Smoothie w/ Gram Crackers</p> <p>Or Assorted Cereal w/Toast</p> <p>Mixed Fruit</p> <p>Choice of Milk</p> <p><b><u>LUNCH</u></b></p> <p>Soft Chicken Tacos</p> <p>Lettuce &amp; Tomato</p> <p>Seasoned Black Beans</p> <p>Pineapple Tidbits</p> <p>Choice of Milk</p>	<p><b><u>BREAKFAST</u></b></p> <p>Cinnamon Roll</p> <p>Or Assorted Cereal w/ Toast</p> <p>Diced Pears</p> <p>Choice of Milk</p> <p><b><u>LUNCH</u></b></p> <p>Cheese Pizza</p> <p>Seasoned Cooked Carrots</p> <p>Tropical Mixed Fruit</p> <p>Choice of Milk</p>	<p><b><u>BREAKFAST</u></b></p> <p>Sausage Biscuit</p> <p>Or Assorted Cereal w/ Toast</p> <p>Applesauce</p> <p>Choice of Milk</p> <p><b><u>LUNCH</u></b></p> <p>Baked Ziti</p> <p>Steamed Broccoli</p> <p>Sliced Peaches</p> <p>Choice of Milk</p>	<p><b><u>BREAKFAST</u></b></p> <p>Oatmeal w/Brown Sugar</p> <p>Or Assorted Cereal w/ Toast</p> <p>Tropical Mixed Fruit</p> <p>Choice of Milk</p> <p><b><u>LUNCH</u></b></p> <p>Sloppy Joe</p> <p>Tater Tots</p> <p>Fruit Selection</p> <p>Choice of Milk</p>